

Mission

Our mission at SEFP is to empower women and families to achieve and maintain a healthy drug free lifestyle.

Services are provided in a nicotine, tobacco and vape free environment. We support a holistic approach to foster the physical, emotional and spiritual well-being of the women and families.

Contact us:

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www.hnncsb.org



SOUTH-EASTERN FAMILY PROJECT

**RESIDENTIAL TREATMENT
FOR PREGNANT AND
POSTPARTUM WOMEN**

 HAMPTON · NEWPORT NEWS
COMMUNITY
SERVICES BOARD



Criteria

- Diagnosed substance use disorder
- Pregnant female at least 18 years of age



Cost

- The program may be covered by your health insurance plan.
- We can assist with assessing or determining eligibility.



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Our counseling approach is empathetic, person-centered, and cognitive behavior-based.

We believe the counseling relationship is an important tool for treatment and recovery.

The program is designed to serve the residents based on individual need in a person-centered treatment environment, which encourages stabilization.



Our Services

- Individual, group and family counseling
- Relapse prevention skills
- Substance abuse and co-occurring mental health education
- Random drug screens
- Parenting education
- Comprehensive case management services to access medical care and after-care services
- Linkage to recovery support
- Gender specific treatment to address issues related to parenting, relationships and women's mental health
- In-house Peer Recovery Support Specialist assisting with recovery support through lived experience
- Linkage to medication assisted treatment services

Our Goals

- To provide treatment services based upon assessed clinical need
- To improve pregnancy and stabilization outcomes for women enrolled in treatment
- To provide gender specific treatment addressing the unique needs of women with substance related disorders
- To have infants born without presence of drugs, with healthy birth weight of five pounds and eight ounces or above, and with an Apgar score of 8 or above
- To provide after care planning, community support, and linkage to needed resources
- To provide treatment that will result in stabilization of the individual